

# ONE TRUE YOU

Inspirational Coaching for Successful Outcomes

## CLIENT TESTIMONIAL

"I was very inspired by Debbie's workshop where we covered so much ground in just an afternoon. It made me think about my direction in life and wanting to invite the good things in that we had talked about.

I continued the stepping-stones from the workshop with Debbie's personal coaching which has really helped me to focus on moving forward with short- and long-term goals and, also coping skills for every day.

Debbie uses professional coaching tools to structure her sessions but is always sensitive to personal needs and issues that may crop up and adjusts the time spent to be exactly what is needed. She is always encouraging, kind, and positive, and helps me to keep my own promises to myself on a personal and professional level. She provides relevant homework to support the session and always sends a comprehensive summary for referring to afterwards.

I would truly recommend her coaching to anyone who would like to progress their self-development in a very holistic, professional and supported way.

Debbie is like my very own 'Fairy God-Sister' and I am so glad our paths crossed."

Kathy Duvall: Clinical Aromatherapist, ARCB Board Certified Reflexologist, BNurs (Hons) RGN, RHV, PgDip Pract. Research, Owner Blue Chamomile Reflexology and Aromatherapy

## LET'S DISCUSS YOUR NEEDS - SCHEDULE A COMPLIMENTARY CONSULTATION

Contact: Debbie Petropoulos,  
Transformational Career & Life Coach

Send an Email to:  
[onetruyoucoaching@gmail.com](mailto:onetruyoucoaching@gmail.com)

## WEBSITE

[WWW.ONETRUEYOU.COACHING.COM](http://WWW.ONETRUEYOU.COACHING.COM)

INTENTIONALLY MANIFEST YOUR DREAMS AT THE

# CREATE YOUR BEST LIFE

## VISION-BOARD WORKSHOP

### A FULL-DAY IMMERSION TO FOCUS ON YOUR AUTHENTIC LIFE AND YOUR IDEAL OUTCOMES

Most of us have fleeting ideas of what we want to be, do, or have in our lives. But they remain just that: *fleeting*. After all, who has the time to intentionally get clear about **what** we want to create?

Well, everyone from Katy Perry to Ellen DeGeneres to Oprah Winfrey swears that they intentionally created outcomes by using a simple tool: Vision Boards. A **Vision Board** is a way to sell your own ideas to yourself, to anchor to your dreams and to allow the magic of manifestation to work in your life. Finally!

As someone who has made my own Vision Boards (and manifested some amazing results!) I've learned that it's more than just slapping a picture onto a poster board. It's about first getting clear on your authentic life, letting go of what's in the way – and then clearly connecting with your dreams while designing a vision that calls to you.

That's why I'm leading this **CREATE YOUR BEST LIFE VISION-BOARD WORKSHOP** ... to give you the space you need to intentionally define your dreams and create a Vision Board that will effortlessly attract your ideal outcomes to you!

## HERE'S WHAT YOU'LL GET

- ✓ **Clarity on what you really want** (*No more settling for someone else's dreams*)
- ✓ **Space and time to map out your ideal outcomes in each area of your life**
- ✓ **Connection with like-minded peers** (*No Negative Nellies permitted!*)
- ✓ **A method to clear out the natural "gunk" that arises** (*Time to let go!*)
- ✓ **All the tools and time to create your own powerful Vision Board** (*You don't have to bring a thing. I've got all the materials you need right in the room!*)
- ✓ **Your very own Vision Board to take home and effortlessly attract your ideal outcomes in the months ahead.**
- ✓ **A full day of breathing room and dream time.** (*The very thing you keep telling yourself you'll give yourself but never do!*)

Saturday, September 21, 2019 10:30 AM – 4:30 PM  
Colerget Conference Center - 6520 67<sup>th</sup> Street - Kenosha, Wisconsin  
**\$200 (Includes Facilitated 6-Hour Workshop, Materials, Guest Speakers, Catered Lunch, Wine & Refreshments)**

Claim Your Space by sending an Email with "Sign Me Up" to:  
[onetruyoucoaching@gmail.com](mailto:onetruyoucoaching@gmail.com)

**\*Note: Because of the powerful work in our day together, there are only 10 spaces available. They will fill up fast - so please act quickly. (Doubts, excuses, and wavering are just the ego's way of stopping you from creating your dreams)**